Welcome
Welcome to Richmond! We hope you enjoy your time here and have provided this guide to help you navigate the area. If there is anything you have found that you think should be added to the lists provided, please contact me at azielinski@vcu.edu. Good Luck!

Anne Zielinski Brown
Assistant Director, Sport Clubs and Risk Management

Driving Directions to the Cary Street Gym/Field
Arriving from the east or south by Interstate 64W/95N:

- Take Exit 76A for Chamberlayne Avenue.
- At the next light, turn right onto West Leigh Street.
- Turn left about 8 blocks onto N. Harrison St.
- Turn left after about 16 (short) blocks on W. Cary St.
- The field/gym are on your right

Arriving from the west or north by Interstate 64E/95S:

- Take Exit 76B for Belvidere Street.
- At the first light, turn right onto West Leigh Street.
- Turn left about 8 blocks onto N. Harrison St.
- Turn left after about 16 (short) blocks on W. Cary St.
- The field/gym are on your right

Driving Directions to facilities sometimes used by Sport Clubs at VCU

<table>
<thead>
<tr>
<th>Facility</th>
<th>Address</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dorey Park</strong></td>
<td>2999 Darbytown Rd, Henrico, VA</td>
<td>Dorey Park</td>
</tr>
<tr>
<td><strong>Rockett's Landing</strong></td>
<td>4708 Old Main St., Richmond, VA</td>
<td>Rockett's Landing</td>
</tr>
<tr>
<td><strong>Richmond Ice Zone</strong></td>
<td>636 Johnston Willis Dr, N Chesterfield, VA</td>
<td>Richmond Ice Zone</td>
</tr>
<tr>
<td><strong>Rockwood Park</strong></td>
<td>3401 Courthouse Rd., Richmond, VA</td>
<td>Rockwood Park</td>
</tr>
<tr>
<td><strong>Richmond Volleyball Club</strong></td>
<td>2921 Byrdhill Rd, Richmond, VA</td>
<td>Richmond Volleyball Club</td>
</tr>
<tr>
<td><strong>Seven Pines Field</strong></td>
<td>514 Whiteside Rd., Sandston, VA</td>
<td>Seven Pines Field</td>
</tr>
<tr>
<td><strong>Skate Nation Short Pump</strong></td>
<td>4350 Pouncey Tract Rd, Glen Allen, VA</td>
<td>Skate Nation Short Pump</td>
</tr>
<tr>
<td><strong>Stillmeadows Farm</strong></td>
<td>8472 Wyndale Dr, Mechanicsville, VA</td>
<td>Stillmeadows Farm</td>
</tr>
<tr>
<td><strong>Tucker High School</strong></td>
<td>2910 N. Parham Rd., Richmond, VA</td>
<td>Tucker High School</td>
</tr>
</tbody>
</table>

*Note: Directions to Facilities are approximate and may vary.*
Most events that play on campus will be on the Monroe Park Campus of VCU.
Dining

On-campus
There are several on-campus dining options on both the Monroe Park and MCV Campus at VCU. They include:

- Bleecker St.
- Cary Street Market & Deli
- Chick-fil-A
- Chili’s
- Croutons, Salads & Wraps
- Einstein Bros. Bagels - MCV Campus
- Einstein Bros. Bagels - Shafer Court Dining Center
- Freshii
- Harris Hall Convenience
- IHOP Express
- Jonah’s – a culinary emporium
- Market 810
- Market 810-2-GO
- Panda Express
- Pizza Hut Express
- POD Market
- Raising Cane’s
- Starbucks Coffee at Cabell Library
- Starbucks Coffee at Cary & Belvidere
- Starbucks Coffee at Jonah L. Larrick Student Center
- Subway
- Taco Bell
- Wendy’s

There is also a map of all of the on-campus locations.

Off-campus
These are just a few of the options. Richmond is full of great local restaurants. We suggest using the Yelp app to find a great place to eat.

Kokonut Grill—Asian Fusion
1201 W Main St, Richmond, VA 23220

Carytown Burgers & Fries
3500 W Cary St, Richmond, VA 23221

Christian’s Pizza
404 N Harrison St, Richmond, VA 23220

La Bamba Mexican Restaurant
19 N 18th St, Richmond, VA 23223

Unleashed Gourmet Hot Dogs
515 N Harrison St, Richmond, VA 23220

Deep Run Roadhouse
309 N Laurel St, Richmond, VA 23220
Hospitals in Metro Richmond

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Address</th>
<th>Phone Number</th>
<th>Open</th>
</tr>
</thead>
<tbody>
<tr>
<td>VCU Medical Center</td>
<td>1250 West Marshall St. Richmond, VA</td>
<td>(804) 828-9000</td>
<td>24/7</td>
</tr>
<tr>
<td>Henrico Doctors' Hospital</td>
<td>1602 Skipwith Road Richmond, VA</td>
<td>(804) 289-4600</td>
<td>24/7</td>
</tr>
<tr>
<td>St. Mary's Hospital</td>
<td>Emergency Room</td>
<td>(804) 281-8230</td>
<td>24/7</td>
</tr>
<tr>
<td>Retreat Doctor's Hospital</td>
<td>2621 Grove Avenue</td>
<td>(804) 254-9889</td>
<td>24/7</td>
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<td>24/7</td>
</tr>
</tbody>
</table>

Urgent Care Facilities

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Address</th>
<th>Phone Number</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient First – Carytown</td>
<td>12 N. Thompson St. 8 a.m.–10 p.m./7 days a week (804) 359-1337</td>
<td>(804) 359-1337</td>
<td>24/7</td>
</tr>
<tr>
<td>Patient First - Parham and I-64</td>
<td>2205 N. Parham Rd. 8 a.m. – 10 p.m./7 days a week (804) 270-2150</td>
<td>(804) 270-2150</td>
<td>24/7</td>
</tr>
</tbody>
</table>

24 Hour Pharmacies

<table>
<thead>
<tr>
<th>Pharmacy</th>
<th>Address</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>CVS Pharmacy</td>
<td>3514 W Cary St</td>
<td>(804) 355-8533</td>
</tr>
<tr>
<td>Walgreens</td>
<td>3520 Ellwood Avenue Richmond, VA</td>
<td>(804) 342-8864</td>
</tr>
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Hotels

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crowne Plaza Richmond Downtown</td>
<td>555 E Canal St</td>
<td></td>
</tr>
<tr>
<td>Holiday Inn Express Richmond – Downtown</td>
<td>201 E Cary St, Richmond, VA</td>
<td>(804) 270-2150</td>
</tr>
<tr>
<td>Hilton Richmond Downtown</td>
<td>501 E Broad St, Richmond, VA</td>
<td>(804) 270-2150</td>
</tr>
<tr>
<td>The Berkeley Hotel</td>
<td>1200 E Cary St, Richmond, VA</td>
<td>(804) 270-2150</td>
</tr>
<tr>
<td>Courtyard Richmond Downtown</td>
<td>1320 E Cary St, Richmond, VA</td>
<td>(804) 270-2150</td>
</tr>
<tr>
<td>Linden Row</td>
<td>100 E Franklin St, Richmond, VA</td>
<td>(804) 270-2150</td>
</tr>
</tbody>
</table>

Local Attractions

Sports Venues

<table>
<thead>
<tr>
<th>Venue</th>
<th>Address</th>
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<tbody>
<tr>
<td>The Diamond/Flying Squirrels Baseball</td>
<td>3001 N Blvd, Richmond, VA 23230</td>
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Recreational Parks

<table>
<thead>
<tr>
<th>Park</th>
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<tbody>
<tr>
<td>Maymont Park</td>
<td>2201 Shields Lake Drive</td>
</tr>
</tbody>
</table>
Richmond, VA.
Phone: 804-358-7166

James River Park System
(multiple locations)

Movie Theaters
Byrd Theatre
2908 W Cary Street
Richmond, VA 23221
(804) 353-9911

Bow-Tie Cinemas
1301 North Blvd.
Richmond, VA 23230
(804) 354-6008

Museums/Historical Sites
Virginia Museum of Fine Arts
200 North Blvd.
Richmond, VA, 23220
(804) 340-1400

The Valentine Richmond History Center
1015 East Clay Street
Richmond, VA 23219
804-649-0711

Performing Arts
The National
708 East Broad Street
Richmond, VA 23219
(757) 622-9877

Altria Theater (Landmark Theater)
6 North Laurel Street
Richmond, VA 23219
(804) 780-4213

Richmond CenterStage
111 Virginia Street
Richmond, VA 23219
(804) 327-5755

Parking
Most street parking is free on the weekends in Richmond. Read the signs carefully and if you are not sure, find another place to park. There are multiple parking garages on campus within a ten-minute walk of the Cary St. Field. For more information about on-campus parking, please refer to the VCU Parking and Transportation Website.